



DAILY GROUP CLASS SCHEDULE

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:30 AM	BEGINNERS					
10:00 AM						LITTLE CHAMPIONS+KIDS
11:00 AM	ALL LEVELS	ADVANCED		ADVANCED	NO GI	ALL LEVELS
4:00 PM	LITTLE CHAMPIONS	LITTLE CHAMPIONS	LITTLE CHAMPIONS	LITTLE CHAMPIONS		
4:45 PM	AV KIDS	AV KIDS	AV KIDS	AV KIDS	LITTLE CHAMPIONS	
5:30 PM	YOUTH	YOUTH SELF DEFENSE	YOUTH	YOUTH SELF DEFENSE	KIDS+YOUTH	
6:30 PM	BEGINNERS	ALL LEVELS	ALL LEVELS	NO GI	BEGINNERS	
7:30 PM	NO GI		BLACK WEDNESDAY			

*Only AVIV Jiu Jitsu kimono's and rash guard may be worn.

Rentals are available in our front desk.

*Private classes are available throughout the day and are scheduled upon request.



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